Pain and Urgency Scales

1. Think about the pain/discomfort associated with your bladder. On average, how would you rate this pain/discomfort over the last 4 weeks? (Please circle the number below that best describes this pain/discomfort.)

None                         Mild                         Moderate                          Severe

01 2 3 4 5 6 7 8 9

2. Urgency is defined as the urge or pressure to urinate. On average, how would you rate the urgency that you have felt over the last 4 weeks? (Please circle the number that best describes this urgency.)

None                         Mild                         Moderate                          Severe

01 2 3 4 5 6 7 8 9